



Dear Viking Recital Families,

This packet outlines important details regarding **Viking Gymnastics & Dance 7th Annual Recital: "In Our Element."**

Please be sure to read the entire packet thoroughly and review with your dancer prior to show week.

#### **IMPORTANT LINKS:**

- Master Recital Schedule link - [+](#) Dress Rehearsal Schedule - For Parents
- Show Assignments link - [+](#) SHOW ASSIGNMENTS - Recital 2024 (lists our Viking Classes by day of the week and clarifies which show that number will perform in)

#### **DRESS REHEARSAL DETAILS:**

- Dress Rehearsal and Photo Day will take place on **Saturday, June 22nd at Niles West High School - 5701 W Oakton St, Skokie, IL 60077.**
  - Attendance at dress rehearsal is mandatory.
  - Any dancers absent from Dress Rehearsal may not be permitted to perform in Recital, unless approved by Viking's Dance Leader.
  - Dress Rehearsal will run according to the shared schedule, so please arrive on time.
  - Dancers should arrive 100% ready:
    - in full costume with slides/outside shoes
    - hair and makeup done, prepared for the stage and pictures
    - labeled dance bag that includes dance shoes
  - A single parent/guardian of dancers in Tiny-Tot, Turning-Tot, Kinder-Tot, Petite Ballet, or Purple 1 classes is required to stay for the entirety of Dress Rehearsal.
  - Parents/guardians of dancers in Purple 2, Silver, Gold, or Platinum level classes are not required to stay, but are welcome to.
- **PROFESSIONAL PHOTOS:** Individual and group photos will be taken at Dress Rehearsal, after your dancer's stage time by Capture Photography.
  - Booking is not needed for group portraits. All dancers present will be included in the group photo.
  - To book individual dancer portraits <http://www.capturephoto.net/sytist/viking-dance-bookings/> by **June 21st at 11:59pm**. Individual portraits will NOT be taken without a paid booking.
- Personal photos and videos are permitted on dress rehearsal day only. On recital day, we strongly encourage being fully present in the moment to make the best memories and being respectful of appropriate theater etiquette.

#### **RECITAL DETAILS:**

- Viking's Recital will be held **Sunday, June 23rd at the same location as Dress Rehearsal, Niles West High School - 5701 W Oakton St, Skokie, IL 60077.**
- In order to keep the length of our Recital Day more reasonable, we follow a block scheduling format, meaning there are multiple shows throughout the recital day. For a visual reference, see the chart on the next page.

- To find out which show your dancer is performing in, you can:
  - Check their costume garment bag label
  - Reference the [Dress Rehearsal Schedule - For Parents](#) or [SHOW ASSIGNMENTS - Recital 2024](#) by finding the class and corresponding show
  - Asking Viking's Client Services, your dancer teachers or any Viking Dance Leader
- Due to the block scheduling format for our performances, please refrain from arriving earlier than your child's scheduled call time.
- Each recital will begin promptly and run without an intermission. We anticipate show running time to be around 90 min.
- Two tickets are included as part of each dancer's recital fees and can be picked up at Viking's front desk.. An email will be sent confirming tickets are ready for pick-up.
  - One ticket admits patrons to all shows.
  - Additional tickets will be on sale at the front desk for \$18 prior to Recital and will also be available at the door on the day of the Recital for \$20. Children 3 and under are free.
- A digital program will be available via a scannable QR code printed on each ticket.
- Attendees may remain in the building for dancers in multiple performances.
- Please let a Viking staff member know ahead of time if there is a member in your party that requires wheelchair accessible seating.
- No food or beverages, other than water, will be allowed in the auditorium.
- No flash photography is permitted. Patrons found in violation of this may be asked to leave the performance.

	DRESS REHEARSAL AND PHOTOS DAY June 22		RECITAL SHOW DAY June 23	
Show	Dancer Call Time	Dress Rehearsal Stage Time	Dancer Call Time	Performance Time
A	8:15 AM	8:30 AM	9:00 AM	9:30 AM
B	10:30 AM	10:45 AM	11:00 AM	11:30 AM
C	12:45 PM	1:00 PM	1:30 PM	2:00 PM
D	3:15 PM	3:30 PM	3:30 PM	4:00 PM

**PARENT VOLUNTEERS NEEDED:**

- Volunteers are needed to ensure Recital Day runs smoothly for everyone. Roles include ticket takers, tot dressing room chaperones and routine escorts.
- If you are interested in being a Parent Volunteer, please sign up for your child's class using this [Parent Volunteer Form](#). **Deadline for volunteer sign up is Saturday, June 1st.**
- All volunteers must be available on both Dress Rehearsal and Recital Day for the entirety of the show block. If you are not able to attend Dress Rehearsal, please do not sign up as a volunteer.
- Parent Volunteers will receive free admission for themselves and will have a reserved seating to watch their dancer's routine(s).
- Availability for volunteers for each recital is limited and will be on a first come, first serve basis.
- **Volunteers will be contacted no later than June 7th** with more details and confirmation regarding recital day assignments/duties.

## **RECITAL COSTUMES:**

- Parents/students are responsible for any additional alterations needed after distribution, as well as proper costume care and maintenance.
- If a dancer arrives to Dress Rehearsal or Recital without a costume, they will not be permitted to perform onstage.
- Once a costume is taken home, it may not be exchanged.
- Lost, stolen, or damaged costumes are not Viking's responsibility.
- Viking cannot guarantee the arrival of replacement costumes for performances.

## **ADDITIONAL COSTUME REQUIREMENTS RE SHOES, TIGHTS, UNDERGARMENTS:**

Please refer to the [Costume Requirements](#) spreadsheet for each class's hair/accessories/additional needed items.

- Dance shoes, tights, and socks must be the proper color as noted in the spreadsheet above. This information can also be found on the costume garment bag.
- Tights should be footed unless otherwise noted.
- Viking provides shoe sizing and ordering for your convenience **through mid June**.
- Tights may be ordered directly from the dance department and will also be available for purchase from the merchandise wall in the reception area.
- We strongly advise wearing performance shoes, especially new hip hop shoes, in class at least 4 weeks prior to the performance to break in new footwear and highly suggest purchasing two pairs of dance tights to use one as a backup.
- Please ensure that all undergarments are not visible when wearing costumes.
  - Purchasing a nude leotard or nude briefs to wear underneath dance costumes in lieu of regular undergarments is preferred. This also helps dancers who may have texture, fit, or skin sensitivities.
  - For particularly itchy fabrics or seams, purchase and adhere undercover tape, double sided tape, or moleskin to the parts of the costume that come in contact with the dancer's skin.
- No jewelry, nail polish or temporary tattoos should be worn onstage for the performance, except studded performance earrings.

## **PREPARING IN ADVANCE**

- Please take the time to preview Dress Rehearsal and Recital logistics as a way to ease any dancer performance anxiety and manage day-of expectations. Topics should include:
  - Proper backstage etiquette
  - How/who will be doing their hair/getting ready/dropping off/picking them up
  - Double checking ALL costume items before and after the performance.
  - Labeling all costumes, accessories, and shoes. Viking is not responsible for any lost or stolen items.
- Viking teachers highly encourage all dancers to practice their routine at home with the music.
  - Recital music is accessible via your JackRabbit online [Parent Portal](#).
  - Please reach out to [info@vikinggymnastics.com](mailto:info@vikinggymnastics.com) for assistance.
- Ensure that your dancer attends class as much as possible for the remainder of Recital season. Viking's Dance Leaders reserve the right to remove any dancer from their routine if they are underprepared due to excessive absences.
- Please note that Viking Staff is otherwise occupied managing many dancers backstage and maintaining their safety. For this reason, Viking Teachers will not be available to assist with hair, makeup or costuming prior to/during Dress and Recital.

## **DRESS REHEARSAL AND RECITAL DAY-OF EXPECTATIONS**

- Dancers should not eat while in costume.
- **MAKEUP REQUIREMENTS**
  - All dancers are expected to wear stage makeup so we can see their smiles as they hit the stage!
  - Stage lights will wash out the complexion, and our goal is to bring life back to the face by drawing attention to the eyes and mouth with color.
  - Close up, it should look like "too much" makeup.
  - REQUIRED FOR TOTS
    - Eyes - Mascara
    - Lips - Use a long-lasting matte lipstick that is slightly darker than your natural lip color.
    - Cheeks - Bring dimension to the face with a bright, warm pink, blush.
  - REQUIRED FOR INSTRUCTIONAL
    - Eyes - Draw attention to the eyes and highlight with natural brown eyeshadows. Line the top lid with black eyeliner and finish with black mascara
    - Lips - Use a long-lasting matte lipstick that is slightly darker than your natural lip color.
    - Cheeks - Bring dimension to the face with a bright, warm pink, blush.
    - Optional Foundation - Choose a full-coverage liquid foundation slightly darker than your skin tone
- **HAIR REQUIREMENTS**
  - All female dancers are expected to wear their hair in a ballet bun.
  - All male dancers are expected to have hair brushed and styled away from the face.
  - All hair should be neat, clean, and ready for the stage!
  - See these YouTube bun tutorial videos for reference
    - <https://www.youtube.com/watch?v=dBS-DfU-LFU> - short hair
    - <https://www.youtube.com/watch?v=zUC3WzQrT6s> - med/curly hair
    - <https://www.youtube.com/watch?v=zYmM-8MrHKw> - long thick hair
  - Hair can be parted down the middle or pulled straight back.
    - Dancers with bangs should have remaining hair pulled back away from their face.
  - Bun height should be in the middle of the back of the dancer's head.
    - Dancers that perform with hats will need a low bun.
  - Hair ties and bobby pins should match the dancer's hair color.
  - Ensure flyaways are slicked back with hairspray, hair wax, and/or gel.
  - Use of heat tools is not required and natural hair texture is encouraged!
  - Regarding hair accessory placement, please refer to the costume garment bag. Extra pins for hair accessories is highly encouraged.
- **LABELED DANCE BAG REQUIREMENTS**
  - Only water is permitted while in costume.
  - Please remember to pack all necessary dance shoes as well.
  - Extra bobby pins, hair elastics, hair spray, tights, band-aids, or anything else your dancer may need are often helpful backstage.
  - Please refrain from packing electronics or anything valuable that could be lost/left behind.

**DRESS REHEARSAL AND RECITAL DANCER ARRIVAL/CHECK-IN/DISMISSAL:**

- Please arrive at your dancer's class' assigned call time at the main entrance.
- Parking can be found directly in front of Niles West High School.
- Dancers will not be allowed to enter the dressing rooms prior to their assigned call time.
- We ask that only one parent/guardian accompany dancers during check-in backstage, into the dressing room, and finally afterwards.
- We highly encourage your dancer to use the restroom before checking in.
- Viking staff will direct families to the assigned dressing room space to check in.
- Parents/Guardians will receive a wristband for dismissal at this time.
- Dancers will return to their dressing room with Viking staff after Finale Bows.
- One guardian will be permitted backstage to pick up by showing the wristband given at check-in.

**RECITAL VIDEO ORDERING:**

- DVD's and Digital Downloads may be purchased through Parkway Productions.
- Pre-order online at <https://parkwayvideo.com/viking>.
- Orders can also be made in-person at Recital.
- DVDs will be shipped directly to your home around July 25th

For further recital inquiries, contact [dance@vikinggymnastics.com](mailto:dance@vikinggymnastics.com).

Thank you for joining us for "In Our Element!"

*-Viking Dance Staff*